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PERSONAL PERFORMANCE



"We don't just deliver a course; we focus on achieving real behavioural change."



Success is not just about having technical and business know-how, it's also about personal mastery. As well as knowledge and experience, a truly effective person knows how to apply the appropriate interpersonal skills to the given situation. Companies who recognise the importance of personal performance skills, and actively train their people to improve in these skills, continually rise to the top.

Is personal performance development a priority in YOUR organisation? Branch Out offers training and coaching programs which develop personal behaviours necessary for high level performance. Personal performance skills are highly trainable and Branch Out's unique approach produces genuine and long-lasting results.

THE BRANCH OUT APPROACH

If you want a blanket style, one-size-fits-all approach to personal performance training, then don't come to us! Branch Out only offers customised programs that are relevant to your needs and are determined by careful assessment and analysis.

When we deliver training we always have the individual in mind. Our trainers and coaches seek to get to the heart of each person and tap into their talents and personality traits. Participants go away with exactly what they need. The result is real and enduring behavioural change in your people.

Branch Out has developed an exclusive three-way model that guides our course content and has proven time and again to be the key to success.

We believe that it's only with the right mix of **language**, **cultural**, and **interpersonal** skills that you can succeed in the competitive environment of international business.

THE BRANCH OUT MODEL



To turn your people into top performers our Personal Performance programs address all three elements. For example, when training people in "Communication" we not only focus on the **interpersonal** abilities involved, but also the **language** nuances required to be clearly understood, and the **cultural** awareness essential for doing business with other nationalities.

See www.branch-out.eu for further information on our model for success and our approach to training, or talk to your Branch Out adviser on +31 (0) 70 888 2899.

TYPES OF PERSONAL PERFORMANCE TRAINING

1. Leadership

Effective leaders influence the actions, behaviours and attitudes of those around them. Rather than simply being the "best qualified", a true leader relies on highly developed personal skills and uses them to bring out the best in their team. Newly appointed managers, or those aspiring to – or earmarked for - a leadership role can develop the personal skills necessary for effective leadership, with Branch Out's Leadership training.

2. Inspiring & Empowering Women Leaders

Despite all the advances women have made in the workplace, they remain under-represented in top management positions. To effectively reach the heights of leadership, women need training that specifically addresses the unique challenges they face. This Branch Out program develops women's leadership potential and empowers them to progress through their career without being overlooked.

3. Effective Communication

Communication is at the heart of all workplace interactions. When your people are communicating clearly and appropriately your team and business thrives. But the fine art of effective communication eludes even the best intentioned people. Branch Out's Effective Communication training can deliver the skills needed to turn good intentions into crystal clear exchanges of information.

4. Time Management

When people feel there's always too much to do and not enough time to do it, productivity and job satisfaction both start to plummet. Mastering the habits and tools of successful time management enables your people to stop feeling overwhelmed, and start feeling focused and in-charge of their work day. Our Time Management training will give your people the strategies they need to make the most of every minute.

5. Presenting with Impact

Presentations should be engaging, motivating and delivered with poise. But how many actually are? Fortunately, it is possible to become an outstanding presenter. Branch Out can show you and your team how to present your message clearly and effectively, while keeping you confident and your audience spellbound.

6. Stress Management

High levels of stress lead to a decline in work performance and productivity. Branch Out's Stress Management training will equip your people with the skills they need to effectively manage stress. This is not only essential for maintaining employee well being, it is also far more cost effective than dealing with the later consequences.

For more detailed information on course content, visit www.branch-out.eu

COACHING + TRAINING = LASTING CHANGE

Our ability to offer you both training AND coaching provides a powerful arsenal with which to bring about genuine change in your people. Working together with you, Branch Out can assist in developing the personal performance skills of your people at every level. For more information on coaching please visit our website.

To make personal performance development a priority in your organisation call your Branch Out adviser on +31 (02) 70 888 2899